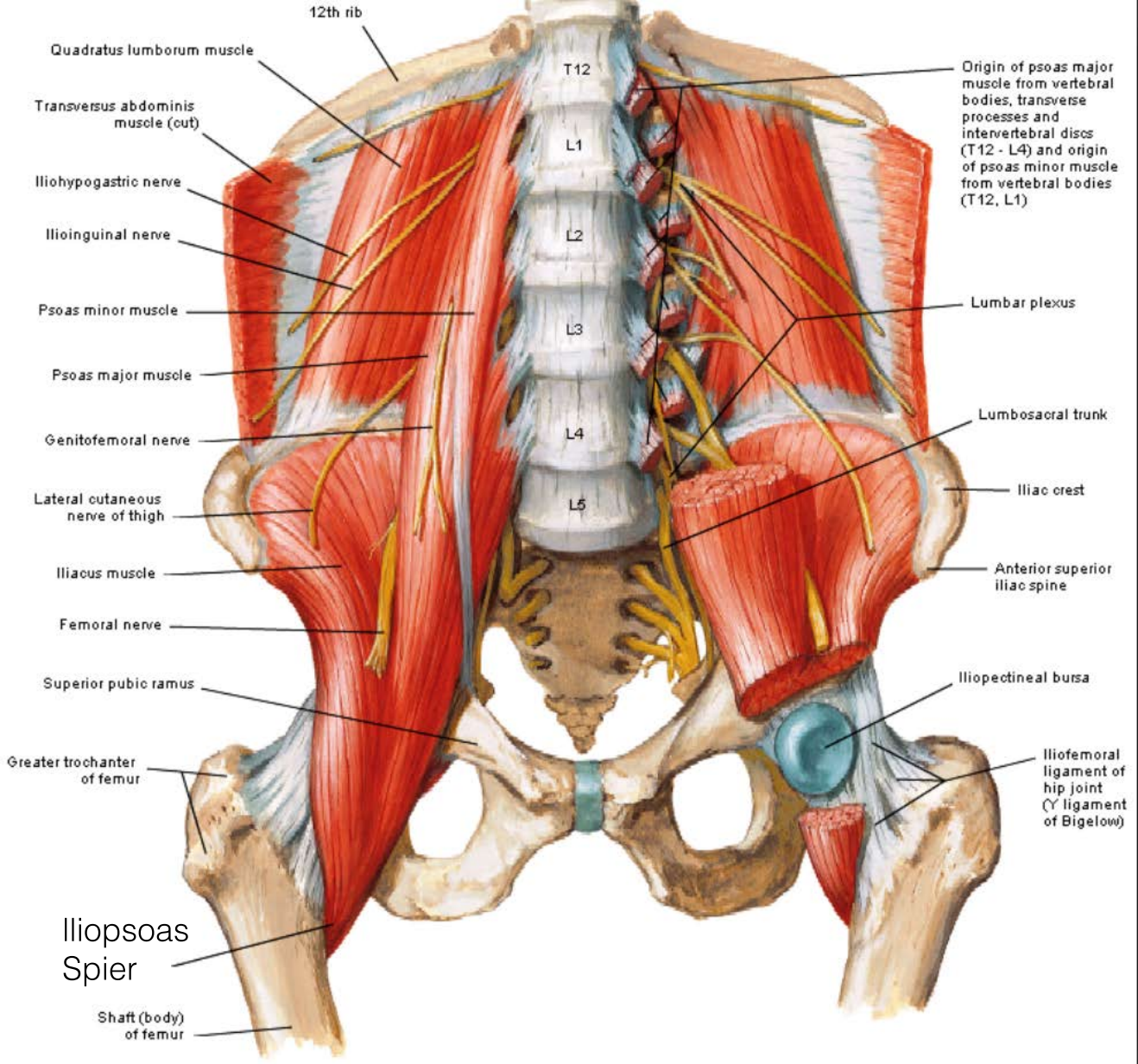
12th rib
Quadratus lumborum muscle
Transversus abdominis muscle (cut)
Iliohypogastric nerve
Ilioinguinal nerve
Psoas minor muscle
Psoas major muscle
Genitofemoral nerve
Lateral cutaneous nerve of thigh
Iliacus muscle
Femoral nerve
Superior pubic ramus
Greater trochanter of femur
Shaft (body) of femur
T12
L1
L2
L3
L4
L5
Origin of psoas major muscle from vertebral bodies, transverse processes and intervertebral discs (T12 - L4) and origin of psoas minor muscle from vertebral bodies (T12, L1)
Lumbar plexus
Lumbosacral trunk
Iliac crest
Anterior superior iliac spine
Iliopectineal bursa
Iliofemoral ligament of hip joint (Y ligament of Bigelow)
Iliopsoas
Spier